

February 11, 2018
 SIXTH SUNDAY OF ORDINARY TIME

BAPTISMS



**Kinley Victoria Cox, daughter of
 Andrew and Kari Cox**



**Rocco James Heck,
 son of Jamy and Connie Heck**



**Kiley Grace McCleary, daughter of
 Michael and Katharine McCleary**



**Camden Matthew Korpala,
 son of David and April Korpala**



**Margaret Elizabeth Gosenheimer, daughter
 of Paul and Pamela Gosenheimer**



**Reagan Marie Budzien, daughter of
 Jeffrey and Kaylee Budzien**



**Wyatt Michael Jewell,
 son of Robert and Cortney Jewell**



**Elizabeth Marie Thomas,
 daughter of Peter and Julie Thomas.**

*Congratulations to all
 our newest members at
 St. Charles Parish and
 their families!*



WELCOME TO ST. CHARLES

PASTOR: Fr. Ken Omernick

ASSOCIATE PASTOR: Fr. Patrick Behling

pbehling@stcharleshartland.org

PASTORAL ASSOCIATE: 262-367-6704

Elizabeth Thompson, ethompson@stcharleshartland.org

Liturgical Assistant: Joey Krawczyk, jkrawczyk@stcharleshartland.org

Celiac Contact: Alicia Van Hecke: avanhecke@stcharleshartland.org

PARISH OFFICE: 262-367-0800, Fax: 262-367-6960

Hours: Mon. - Fri., 8:00am- 4:00pm

Assistant to the Pastor:

Terrie Carew, Ext. 202, tcarew@stcharleshartland.org

Parish Receptionist:

Debra Hertel, Ext. 226, dhertel@stcharleshartland.org

Parish Administrative Assistants:

Kathy Gillstrom, Ext. 200, kgillstrom@stcharleshartland.org

Dee Anne Hamer, Ext. 200, dhamer@stcharleshartland.org

DIRECTOR OF ADMINISTRATIVE SERVICES:

Marge Beck, Ext. 201, mbeck@stcharleshartland.org

DIRECTOR OF OPERATIONS:

Mike Cattani, mcattani@stcharleshartland.org

DIRECTOR OF MAINTENANCE:

Tim Orzechowski, Ext. 217, torzechowski@stcharleshartland.org

COMMUNICATIONS SPECIALIST:

Renee Krier, Ext. 224, rkrier@stcharleshartland.org

PARISH SCHOOL: 262-367-2040, school@stcharleshartland.com

PRINCIPAL:

Laura Anderson, Ext. 208, landerson@stcharleshartland.org

School Administrative Assistants:

Lisa Moehrke & Karen Dejewski, Ext. 206

ADVANCEMENT OFFICER:

Christina Holmes, 262-361-5000, cholmes@stcharleshartland.org

DEPARTMENT OF FORMATION FOR CHILDREN: 262-367-3277

Director of Formation for Children (PS-6):

Alicia Van Hecke, Ext. 205 avanhecke@stcharleshartland.org

Administrative Assistant:

Trish Gilchrist, tgilchrist@stcharleshartland.org

DEPARTMENT OF STUDENT & YOUNG ADULT MINISTRIES:

262-367-3277 Ext. 221 or lifeteen@stcharleshartland.org

Director of Student & Young Adult Ministries: Andrew Schueller

Associate Director: TBD

Administrative Assistant: Laura Zgrabik

DEPARTMENT OF LITURGICAL MUSIC:

Director of Liturgical Music & Children's Choir Director:

Dr. Aaron Mathews, Ext.225, amathews@stcharleshartland.org

Associate Musician: Kathleen Latzke-Daley, Ext.215

Liturgical Music Assistant: Maria Notch, Ext.215

Liturgical Assistant: Erika Rutley, Ext.215

DIRECTOR OF ADULT & FAMILY MINISTRY: 262-719-0067

Nancy Neuser, nneuser@stcharleshartland.org

DIRECTOR OF STEWARDSHIP:

Nancy Van De Laarschot, Ext. 214,

nvandelaarschot@stcharleshartland.org

DIRECTOR OF EVANGELIZATION:

Julie Malucha, Ext. 212, jmalucha@stcharleshartland.org

Eucharistic Celebrations

Saturday Mass of Anticipation: 5:00pm

Sunday Mass Times: 7:00am, 9:00am, 11:00am & 6:00pm

Communion Service: Monday ~ Friday: 6:30am

Weekday Mass:

Monday ~ Saturday: 6:30am (During Lent) & 8:30am

Sacrament of the Sick

The Anointing Mass is the second and fourth Friday at 8:30am or by appointment with Fr. Ken or Fr. Behling (scheduled with the Parish Office).

Morning Prayer: Monday ~ Friday: 7:30am, Saturday: 8:00am

Rosary: Monday ~ Friday: 8:00am, Tuesday Evening: 7:30pm

Perpetual Help Devotions: Tuesday after 8:30am Mass

Eucharistic Adoration

Mondays: 5:00-7:00pm followed by closing prayer (includes music)

Fridays: 9:00am-3:00pm with the Divine Mercy Chaplet at 3:00pm followed by Benediction

Reconciliation

Saturday: 3:30pm - 4:30pm & Thursday: 5:00pm - 6:00pm

or by appointment (scheduled with the Parish Office)

Parish Membership

All Catholics are welcome to join our Parish and are asked to register on New Parishioner weekend, the first weekend of the month, or stop in at the Parish Office during office hours.

Planning to be Married?

Congratulations! Please notify St. Charles at least six months in advance. Weddings may be celebrated on Friday evenings and Saturdays at 11:00am and 2:00pm. Exceptions are made only with the permission of the Pastor. Please contact **Dee Anne Hamer at 262-367-0800 Ext. 222.**

Are you expecting or adopting a child?

St. Charles is honored to serve parents seeking Baptism for their child(ren). To find out more information about our preparation process and to schedule infant/child Baptisms, please **contact the Parish Office at 262-367-0800.**

Becoming FULLY Catholic

Are you unbaptized or baptized in a different Christian faith and considering becoming Catholic? Are you a baptized Catholic who did not receive the Sacraments of Reconciliation, Eucharist and/or Confirmation? St. Charles provides an adult formation process that will help you discover Jesus and His Holy Catholic Church. For more information, please **contact Julie Malucha at 262-367-0800.**

Small Groups

The Small Group movement at St. Charles offers you a way to authentically seek Jesus in small faith sharing communities. Small Groups gather in members' homes throughout Lake Country during Fall and Lent. For more information, please **contact Julie Malucha at 262-367-0800.**

OUTREACH SERVICES TEAM: Terri Blazek: 262-367-7608,

jtblazek@wi.rr.com

Prayer Network: Pat Blavat 262-719-1341

St. Vincent De Paul: 262-367-0800 (Parish Office)

Need Home Communion: 262-367-0800 (Parish Office)

Mass Intentions for
the Week of February 11th



Sunday, February 11

- 7:00 am † Robert Sizer
- 9:00 am † Charlie Van Hecke
- 11:00 am Living and Deceased Members of St. Charles
- 6:00 pm † Carrie Schroeder

Monday, February 12

- 8:30 am † Richard Conley

Tuesday, February 13

- 8:30 am † Brian Tomal

Wednesday, February 14 ~ Ash Wednesday

- 6:30 am Living and Deceased Members of St. Charles
- 8:30 am † Eugene & Sophia Smocke
- 6:00 pm Special Intention for Derek Defenbaugh

Thursday, February 15

- 6:30 am † Jerry Johnson
- 8:30 am † John Finley and Bridget Mahony

Friday, February 16

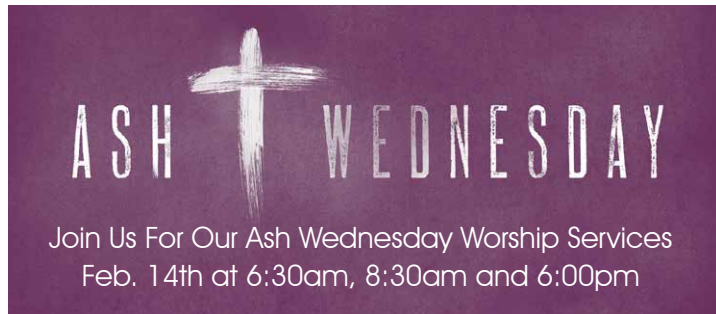
- 6:30 am † Randi Van Ermen
- 8:30 am † Mary O'Hara

Saturday, February 17

- 8:30 am † Katie Tetkoski
- 5:00 pm † Richard Conley

Sunday, February 18

- 7:00 am Living and Deceased Members of St. Charles
- 9:00 am † Jim Theeringer
- 11:00 am † Kayla Raatz
- 6:00 pm † Eric Glowe



Please pray for the repose of the souls of
Donald Sebastian & John Holtyn
May their souls and the souls of all the faithful departed
REST IN CHRIST'S PEACE.

Room Abbreviation Key

- | | |
|---------------------------------------|-----------------------|
| BR = Borromeo Room | MD = Music Dept |
| CH = Church | MR = Music Room |
| CHPL = Chapel | PH = Parish Hall |
| CR = Conference Room | PO = Parish Office |
| HFRC = Holy Family Rec Center | SK = Staff Kitchen |
| IMC = Instructional Media Center | SR = Science Room |
| LTC = Life Teen Cafe (Student Lounge) | TL = Teachers' Lounge |

Sunday, February 11

- Sponsor-A-Teen, Hallway, after all Masses
- Little Lambs Childcare, 3K Classroom, 8:45am-12:15pm
- Religious Ed (PS, KN, Gr. 1), Classrooms, 9:00am
- Becoming FULLY Catholic, MR, 10:15am
- Religious Ed (Gr. 3-6), Classrooms, 10:15am
- Life Teen Advisory Board Meeting, LTC, 2:00pm
- Confirmation Large Group w/ Sponsors, BR, 4:00pm
- EDGE, LTC, CR & PH, 4:30pm
- Confirmation Candidate & Sponsor Blessings, CH, During 6:00pm Mass
- IGNITE, LTC/PH/CR/CHPL, 7:15pm

Monday, February 12

- After School Care, PH, 3:30pm
- Milwaukee Children's Choir Rehearsal, MR, 6:00pm
- Go Make Disciple Leader Formation, Offsite, 6:30pm
- Milwaukee Mercy Choir Rehearsal, CH, 6:30pm

Tuesday, February 13

- Tuesday Breakfast Club, BR, 9:30am
- St. Vincent de Paul Food Pantry, Lawn Street, 10:00am-Noon
- After School Care, PH, 3:30pm
- Children's Choir Rehearsal, CH, 3:30pm
- Mardi Gras Event, BR, 5:30pm
- St. Vincent de Paul Food Pantry Open, Lawn Street, 5:30pm-7:00pm
- Cub Scouts Meeting, PH, 6:30pm
- Fall Fest Meeting, MR, 6:30pm
- Knights of Columbus General Council Meeting, BR, 7:00pm
- Athletic Board Meeting, Offsite, 7:00pm
- St. Vincent de Paul Meeting, IMC, 7:00pm

Wednesday, February 14 ~ Ash Wednesday

- Ash Wednesday Mass, CH, 6:30am
- Ash Wednesday All School Mass, CH, 8:30am
- After School Care, PH, 3:30pm
- Ash Wednesday Mass, CH, 6:00pm
- Religious Ed (Gr 2-6), Classrooms & SR, 6:30pm
- Ash Wednesday Soup Supper, BR, 7:00pm

Thursday, February 15

- Men's Morning Group, BR, 5:30am
- Staff Meeting, BR, 10:00am
- After School Care, PH, 3:30pm
- Cub Scout Den Meeting, BR, 3:30pm
- Safety Committee Meeting, IMC, 3:45pm
- Boy Scout Troop Meeting, PH, 6:30pm

Friday, February 16 ~ No School

- Teacher In-Service, Offsite, 8:00am-1:00pm
- Morning Mom's Group, BR, 10:00am
- Ski Club Event, Little Switzerland, 10:00am-4:00pm
- Fish Fry, BR/PH, 5:00pm
- ADORE: Family Holy Hour with Stations of the Cross, CH/CHPL/HFRC, 6:30pm

Saturday, February 17

- Sponsor-A-Teen, Hallway, After Mass
- Catechesis of the Good Shepherd Training, Room 209, 8:30am
- Little Lambs for Catechesis of the Good Shepherd Training, 3K Room, 8:30am

Sunday, February 18

- Sponsor-A-Teen, Hallway, after all Masses
- Little Lambs Childcare, 3K Classroom, 8:45am-12:15pm
- Doughnut Sunday Sponsored by Catholic Memorial High School, PH, After Morning Masses





Take the 1% Challenge This Lent!

“My secret is simple: I Pray.” - St. Teresa of Calcutta

ASK (3 Minutes)

- Begin in the name of the Father, Son, and the Holy Spirit
- Take a moment to be still, rest and know that Jesus is here...
- Ask Jesus to help you get to know Him during this prayer time.
- Say, “Lord, teach me to pray.”

SEEK (7 Minutes)

- After reading the day’s scripture, take some time to reflect in silence on one or more of the following questions:
 - What word or phrases in this passage caught your attention?
 - What in this passage comforted you?
 - What in this passage challenged you?
- Re-read the passage.
- Take a few minutes to simply listen and then respond with: “I hear the Lord saying to me ...”

KNOCK (5 Minutes)

- Based on what you hear the Lord saying to you, now ask Him what He wants you to do today or this week in light of his Will for you.
- Listen to His answer to you and then respond by saying, “I believe the Lord wants me to ...”
- Ask the Lord for what you need to respond to His word. Thank Him for being with you today.
- Close with an Our Father. End in the name of the Father, and the Son, and the Holy Spirit.

Readings for the Week of February 11th

Sunday: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 [7]/1 Cor 10:31--11:1/Mk 1:40-45

Monday: Jas 1:1-11/Ps 119:67, 68, 71, 72, 75, 76 [77a]/Mk 8:11-13

Tuesday: Jas 1:12-18/Ps 94:12-13a, 14-15, 18-19 [12a]/Mk 8:14-21

Wednesday: Jl 2:12-18/2 Cor 5:20--6:2/Ps 51:3-4, 5-6ab, 12-13, 14 and 17 [cf. 3a]/Mt 6:1-6, 16-18

Thursday: Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 [40:5a]/Lk 9:22-25

Friday: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]/Mt 9:14-15

Saturday: Is 58:9b-14/Ps 86:1-2, 3-4, 5-6 [11ab]/Lk 5:27-32

Next Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15



Cutout and keep in your bible for reference!

if you don't have time to
pray & read
scriptures,
 you are busier than
God
 ever intended you to be!

Adore
 FAMILY HOLY HOUR

February 16th
 (Held on the 3rd Friday of the month)
 6:30 - 7:30 pm Holy Hour
 Open Gym & Refreshments to Follow

Families with children of **ALL AGES** from birth on up are welcome to join us to **ADORE** Jesus in the Blessed Sacrament at St. Charles Parish. Adoration will be followed by open gym and refreshments.

Bulletin Advertisers of the Week
 Please support our advertisers!

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<p>PARISH SUPPORT FOR THE WEEKEND OF DECEMBER 31ST</p>	2017-2018	2016-2017
	Envelopes..... \$55,718.15 Offertory..... \$1,102.00 Weekend Total..... \$56,820.15 YTD..... \$1,011,345.04	Envelopes..... \$20,753.00 Offertory..... \$1,418.00 Weekend Total..... \$22,171.00 YTD..... \$940,338.47



Bring Out Your Mardi Gras Beads...

All ages are invited to a family-friendly evening of fun, food and festivities and it's **FREE!**

What: St. Charles' Mardi Gras Celebration!
When: "FAT" Tuesday, Feb. 13th
5:30 pm to 8:00 pm
Where: Borromeo Room at St. Charles

Event Includes: Potluck Supper, Crafts, Masks, Costume Judging, Crowning the King & Queen, Games, DJ, Candy & Bead Throwing and Face Painting

Potluck: Bring a dish in a disposable container to share with fellow party goers! Dessert is already provided (Paczki and King Cake!) Optional: Wear your royal attire or Halloween costumes!

NO REGISTRATION required – JUST SHOW UP!
Questions, ideas or to help - call or email
Nancy Neuser at 262-719-0067 or
nneuser@stcharleshartland.org

This is an alcohol free family event!

MARDI GRAS Helpers

Can You Help With Mardi Gras?

Setup (Monday, Feb. 12 - 1 to 5pm)

Setup (Tuesday, Feb. 13 - 9:30am to 1pm)

Work at the event (Tuesday, Feb. 13 - 5:30pm to end)

Service hours available for 4th grade through adult.

For more information or to sign-up contact Nancy Neuser at 262-719-0067 or nneuser@stcharleshartland.org.

ST. VINCENT de PAUL SOCIETY



What is the St. Charles' Society of St. Vincent de Paul (SVdP) and what do they do? We are a group of lay Catholics whose mission is to grow spiritually through interaction with each other along with helping your neighbors in Hartland. Our outreach is not limited to Catholics; members help anyone experiencing need regardless of faith identification. Through your donations, we are able to offer assistance with rent, food, household goods, medical bills, utility payments, clothing, and vehicle repairs for those who have limited funds. If appropriate, we may combine our assistance with referrals to other agencies along with mentor-ship programs to help people reach financial stability. In addition to programs and direct aid, our members make home visits, hospital and nursing home visits, offer support and comfort to those experiencing trials, along with visiting and offering encouragement to those who are incarcerated. The members of St. Vincent de Paul strive to reflect the love of Christ to those who suffer. Thank you to all who donated food and funds during Share Sunday and throughout the month. Your benevolence enabled our members to offer over \$4000 during a two week period to families in need. God bless you for your charity and prayers.

FOOD PANTRY NEEDS: sugar, boxed flavored potatoes, boxed plain potatoes, beef stew, snack crackers, brownie mix, cake mix and liquid dish soap.

If you are in need of assistance, contact SVdP at 262-367-0800. If you need food, we operate a pantry at 229 Lawn Street, Hartland, Tuesday mornings between 10 am and noon. It is also open on the second and fourth Tuesday evening of each month between 5:30 pm and 7 pm.

The pantry will be closed whenever Arrowhead Schools close for inclement weather. It will reopen the following Tuesday.

Women's Silent Parish Retreat

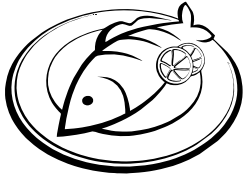
Redemptorist Retreat Center
1800 N. Timber Trail Lane, Oconomowoc



**Friday, March 23rd at 6:15pm
through Sunday, March 25th at 1:00pm**

If you are interested in attending please sign up on the sign-up shelf by March 14th. For more details visit www.redemptoristretreat.org and for questions please contact Susan Thiede at 414-315-3640.

Feb. 16 & 23 and March 2, 9 & 16



St. Charles Parish
Fish Fry
Fridays • 4:00 - 7:00pm

3 Piece Fish Dinner	\$10.00 At Door
4 Piece Fish Dinner	\$12.00 At Door
Kids 3 & younger	FREE
Grilled Cheese	\$5.00 At Door

Baked "Gluten Free" Cod or Fried Cod, and choice of French Fries or Potato Pancakes.
The meal also includes coleslaw, rye bread and a cookie.
Beer, wine and soda will also be available for purchase.

Carryouts are available from 4:00pm - 7:00pm

For Takeout Call 262-367-9922 • 313 Circle Drive

Enjoy great food & fellowship!



Staffed by St. Charles St. Vincent de Paul Society

Join us for a special screening of

SCREENAGERS

GROWING UP IN THE DIGITAL AGE

BY: ST. CHARLES PARISH & SCHOOL
WHEN: 02/25/18 7:30PM
WHERE: BORROMEIO ROOM
TICKETS: FREE; SPONSORED BY HOME & SCHOOL ASSOCIATION
screenagersmovie.com

BLOOD DRIVE



St. Charles Catholic Church Blood Drive

Monday, March 5
2 p.m. - 7 p.m.



Location: Borromeo Room, 313 Circle Drive, Hartland

All attempting donors will receive a voucher good for one free Milwaukee Admirals ticket (while supplies last), with the ability to purchase up to seven additional discounted tickets.



To make an appointment, please visit bcw.edu/stcharles or call 877-232-4376.

Appointments encouraged.
Refreshments provided.



bcw.edu
Please bring a photo ID with your birth date

[facebook.com/bloodcenterofwisconsin](https://www.facebook.com/bloodcenterofwisconsin)
 twitter.com/bloodcenterwi



#ImAHero
Post your selfie on BloodCenter of Wisconsin's facebook page or twitter with #ImAHero

A Night of Irish Blessings!

St. Charles Parish and School 2018 Auction and Dinner

Saturday, March 17th

Milwaukee Marriott West

Tickets are NOW on sale! Visit www.charles18.gesture.com to purchase your tickets and register for the event! Tickets are \$75 a person.



For additional information about the Auction, sponsorship opportunities and to see our Wish List of Donated Items, please see the 2018 Auction page by visiting the school website at www.stcharlesschoolhartland.com.

If you have any questions, please reach out to Auction Co-Chairs Kristin Walsh at 262-337-3776 or czotter613@me.com or Wendy Crisci 262-993-1775 or wcrisci@wi.rr.com.



Catholic Schools Week Create Memories for Our Students

A huge thank you to our teachers, parish and school staff and parents for all their work in creating a faith-filled and fabulous Catholic Schools Week. Each day our students experienced a new activity that celebrated academics and our beautiful Catholicism. It was a whirlwind week of knowledge, spirituality, leadership, service and fun. We ended the week at Church of the Gesu in Milwaukee for a special All-School Mass with many parents also attending.

The 1st Annual Crusader Challenge Dance-A-Thon was a successful event on many levels.

Our students, teachers, staff and parents danced for hours at school during the day and in the evening, bringing together school families and supporters for this fun, active event. It was definitely a community-builder!

Thank you to our DJs – **Kevin Miller**, a St. Charles parishioner, **Chris Miller**, a St. Charles Parish School graduate and parishioner, and **Zach Davis**, a Queen of Apostles Parish School graduate. All three, who now attend Catholic Memorial High School, knew how to get our families dancing.

Thank you for also to **Clearwing Productions** and **Gregg Brunclik** for bringing sound to this dance party! In addition, there were dozens of volunteers who helped make this event safe and fun.

Special thanks to parents **Wendy Crisci** and **Sara Ladish** for the many, many hours of planning and organizing and for bringing to fruition this idea for a family dance.

Our dance raised nearly \$11,500 for the school. Thank you to everyone who participated!

A Look Back at Catholic Schools Week



St. Charles Dining Out!

Endter's Sports Grill in Hartland
Wednesday, Feb. 28th from
4:00 pm to 10:00 pm

Mention St. Charles and Endter's will donate \$5 for each large pizza or \$3 for each small pizza to the parish school. Offer good for dine in or carry out. For carry out call 262-369-0079.



Circle of Love Thank You Notes

Circle of Love Thank You notes are on display in the Church Hallway this weekend through next weekend. If you get a chance, please read the heartfelt thank yous to our generous parishioners for the gifts they gave this past Christmas.



Point Burger Bar, Waukesha

Thursday, Feb. 15th at 7:00 pm

Future Dates:

March 15th, April 19th, May 17th and June 21st

Brewing the Faith is a monthly, year-round speaker series for young adults, married and single in their 20s and 30s that addresses the needs, questions and interests of young adults of the Catholic Church.

SAVE-THE-DATE



Viterbo University Concert Choir

Saturday, Feb. 24, 7:30 pm
St. Charles Church

Come and enjoy an evening of music provided by the Viterbo University Concert Choir as they perform at St. Charles on their Winter Tour.

Dr. Mathews served on the music faculty at Viterbo University from 2014-2015.



America you are beautiful ... and blessed The ultimate test of your greatness is the way you treat every human being, but especially the weakest and most defenseless. If you want equal justice for all and true freedom and lasting peace, then America, defend life. ~ Pope John Paul II

February 14th to March 25th

40 Day prayer partners are there to support the mothers of unborn babies with prayer, comforting words and practical information. Many are directed to the Women's Care Center of Milwaukee for free counseling about life-saving alternatives.

Please come and join the St. Charles Respect for Life Ministry every Tuesday. We meet at 11:30am in the St. Charles parking lot and carpool to Affiliated Medical Services, 1428 N Farwell Avenue, Milwaukee. We peacefully pray outside the abortion clinic from noon until 2:00pm.

Please note that if you are unable to join us in prayer during these times, please pray and fast for the unborn and their parents.

To learn more about 40 Days for Life visit the Milwaukee website at 40daysforlife.com/local-campaigns/Milwaukee.



12th Annual Men of Christ Conference

Saturday, March 10th

Optional Mass: 7:00 am

Official Start: 9:00 am

Miller High Life Theater

(formerly Milwaukee Theater)

TICKETS – Register Online Early at menofchrist.net.

Earlybird tickets until February 23rd

Individual: \$45 (use online discount code **STCHAZ** to save \$5 per ticket)

Groups 5+: \$40 • Students: \$24 • Religious: FREE

If you have any questions please contact Tom O'Brien at 262-337-0209 or tobrien1010@yahoo.com.

Bus sign-up information coming soon.

PREPARING FOR LENT

Questions and Answers about Lent and Lenten Practices

Q. Why do we say that there are forty days of Lent? When you count all the days from Ash Wednesday through Holy Saturday, there are 46.

A. It might be more accurate to say that there is the "forty day fast within Lent." Historically, Lent has varied from a week to three weeks to the present configuration of 46 days. The forty day fast, however, has been more stable. The Sundays of Lent are certainly part of the Time of Lent, but they are not prescribed days of fast and abstinence.

Q. So does that mean that when we give something up for Lent, such as candy, we can have it on Sundays?

A. Apart from the prescribed days of fast and abstinence on Ash Wednesday and Good Friday, and the days of abstinence every Friday of Lent, Catholics have traditionally chosen additional penitential practices for the whole Time of Lent. These practices are disciplinary in nature and often more effective if they are continuous, i.e., kept on Sundays as well. That being said, such practices are not regulated by the Church, but by individual conscience.

Q. I understand that all the Fridays of Lent are days of abstinence from meat, but I'm not sure what is classified as meat. Does meat include chicken and dairy products?

A. Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs - all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consomme, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted.

Q. I've noticed that restaurants and grocery stores advertise specials on expensive types of fish and seafood on Fridays during Lent. Some of my Catholic friends take advantage of these deals, but somehow I don't feel right treating myself to the lobster special on Fridays during Lent.

A. While fish, lobster and other shellfish are not considered meat and can be consumed on days of abstinence, indulging in the lavish buffet at your favorite seafood place sort of misses the point. Abstaining from meat and other indulgences during Lent is a penitential practice. On the Fridays of Lent, we remember the sacrifice of Christ on Good Friday and unite ourselves with that sacrifice through abstinence and prayer.

Q. I understand that Catholics ages 18 to 59 should fast on Ash Wednesday and on Good Friday, but what exactly are the rules for these fasts?


A. Fasting on these days means we can have only one full, meatless meal. Some food can be taken at the other regular meal times if necessary, but combined they should be less than a full meal. Liquids are allowed at any time, but no solid food should be consumed between meals.

Q. Are there exemptions other than for age from the requirement to fast on Ash Wednesday and Good Friday?

A. Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.

Taken from the United States Conference of Catholic Bishops website

For more information on LENT please visit www.usccb.org/prayer-and-worship/liturgical-year/lent/index.cfm



TOO BUSY?

“Can you not watch one hour with me?”
~ Matthew 26:40

This Lenten season, Jesus is inviting you to slow down and accompany Him when He needs you most. All are welcome to come and meet Christ at our Lenten Mission.

**St. Charles
Lenten Mission with
Fr. Cliff Ermatinger**

**Thursday, March 15th
7:00 - 9:00 pm**

Adoration • Message • Confession • Music
Complimentary Child Care Available



Men do you feel called to Serve!

Are you considering serving the Church as an Ordained Deacon? The Church calls men to be deacons "in-service" to the People of God. If you are a man (married or single), that feels this call and wants to know more, please contact the Office for Diaconate

Formation at 414-758-2207 or maldonadom@archmil.org. You can visit also visit <https://www.archmil.org/offices/Diaconate.htm>.

Healing the Whole Person Retreat

Do you desire healing from anxiety, anger, depression or illness? ... freedom from addiction or patterns of sin you can't seem to break? ... to understand and help someone else who desires healing or freedom? At this retreat, Sr. Miriam James, SOLT, and Dr. Bob Schuchts, author of *Be Healed*, help us understand and receive Christ's healing and peace in the heart of the Catholic Church.

April 26 & 27, 6pm-9:30pm and April 28 8:30am-4:30pm
Archbishop Cousins Catholic Center
(3501 S Lake Drive, Milwaukee)

Early bird registration discount available until Feb. 19th. See www.johnpaul2center.org/healingthewholeperson for more details and to register.

Lenten Lunch Expands!

Archbishop ListECKI's Lenten Luncheon will be held at three different sites in 2018! Attend the luncheon in your area:

Sheboygan/Fond du Lac – Feb. 26th at St. Dominic Parish Activity Center, Sheboygan

Milwaukee/Waukesha – March 8th at St. Francis de Sales Seminary, Milwaukee

Kenosha/Racine – March 21st at Bristol Oaks Country Club, Bristol

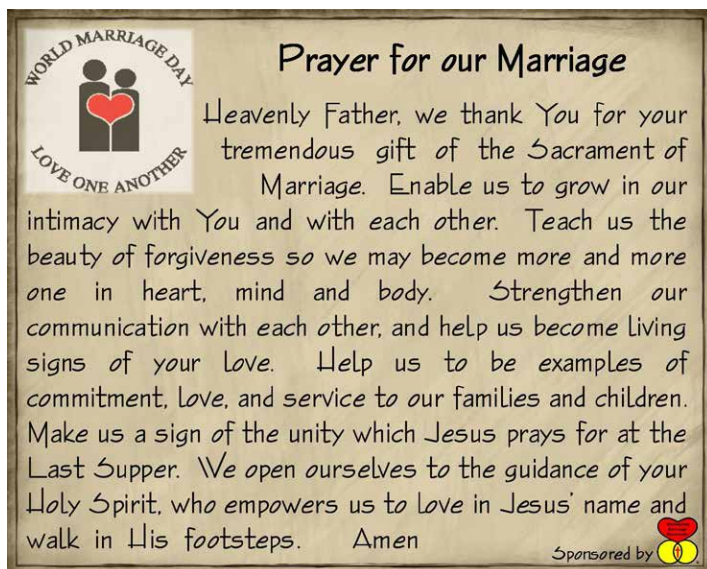
Go to www.ccmke.org/LentenLunch for information, online registration and to view the local "Treasures of the Church" awardees being acknowledged at each site. All three luncheons will begin at 11:30 am and will end promptly at 1 pm. Proceeds from the Lenten Luncheons benefit the programs and services of Catholic Charities.

Calling Teens to Serve!

It's never too early to start making summer plans. Registration is now open for teens aged 15 through 18 to participate in Reach Out Reach In, a summer service week sponsored by the Archdiocese of Milwaukee and held July 15-20. This program is local and is great for teens who want to be involved in direct service and social action. The sites, located around the Archdiocese of Milwaukee, include homeless shelters, adult day care, community organizations, meal programs, organic farms, child care and more. Scholarships are available. For more information visit: www.archmil.org/RORI.

Celebrate Marriage

Catholics throughout the United States are encouraged to celebrate the beauty and sanctity of marriage during National Marriage Week which runs from Feb. 7-14. On this 50th anniversary of *Humanae Vitae*, let us all remember that "Married love particularly reveals its true nature and nobility when we realize that it takes its origin from God, who 'is love'." (no. 8). For resources to prepare for marriage or strengthen your marriage and family, visit: www.foryourmarriage.org or www.portumatrimonio.org.



Marriage in Need of Help?

Do you feel distant from your spouse? Fight all the time? Want to turn things around but don't know where to start? Retrouvaille can help! Our Catholic-based organization is a lifeline for marriages in trouble.

Find out more about our program at www.HelpOurMarriage.com or call 414-502-7658. Have questions, please e-mail lakeshore@retrouvaille.org.

The Piercing of the Heart and the Healing of the Spirit: The Lenten Weekday Readings

Please join us for the next presentation in our Scripture with Scholars Series on Tuesday, Feb. 27, 7:00-8:30 pm, Cathedral of St. John the Evangelist, Cathedral Atrium. The session will be facilitated by the Most Rev. James T. Schuerman, Auxiliary Bishop of Milwaukee. The Lenten season is divided into two parts. The weekday readings of the first part of Lent, from Ash Wednesday to Saturday of the third week of Lent, focus of the themes of compunction and conversion. The readings of the second part of Lent, from Monday of the fourth week of Lent until the conclusion of the Lenten season, focus on Christ the Savior. The Lenten weekday readings teach us that healing and salvation are possible only when we understand our deep need for God in our lives. Bishop Schuerman was born in Burlington and raised in Lyons, Wisconsin. He was ordained a priest in 1986. He earned a Doctor of Ministry degree from Catholic Theological Union in 2001. On March 17, 2017, he was ordained Auxiliary Bishop of Milwaukee.